Monday	Tuesday	Wednesday	Thursday	Friday
	1 **Breakfast:** Chex, Bananas, & Milk **Lunch:** Chicken Nuggets, Rolls, Cantaloupe, Corn, & Milk **PM Snack:** Wheat Thins, Hummus, & Water	2 **Breakfast:** Waffles, Pineapple, & Milk **Lunch:** Tater-tot Casserole w/ Beef, Rice, Green Beans, & Milk **PM Snack:** Rice Cakes & Apple Juice	3 **Breakfast:** Banana Muffins, Tropical Fruit, & Milk **Lunch:** Ham w/ Bread, Pears, Green Beans, & Milk **PM Snack:** Goldfish Crackers & Grape Juice	4 **Breakfast:** Toast w/ Jelly, Apricots, & Milk **Lunch:** Corndogs, Pears, Peas, & Milk **PM Snack:** Club Crackers, Celery, Ranch, & Water
7 **Breakfast:** Cheerios, Bananas & Milk **Lunch:** Cheese Quesadillas, Black Beans, Mandarins, & Milk **PM Snack:** Saltine Crackers, String Cheese, & Water	8 **Breakfast:** Bagels w/ Cream Cheese, Strawberries, & Milk **Lunch:** Chicken, Rolls, Mashed Potatoes, Corn, & Milk **PM Snack:** Ritz Crackers & Apple Juice	9 **Breakfast:** Blueberry Scones, Peaches, & Milk **Lunch:** Grilled Cheese w/ Bread, Pineapple, Vegetable Soup, & Milk **PM Snack:** Animal Crackers, Watermelon, & Water	10 **Breakfast:** Cornbread, Pineapple, & Milk **Lunch:** English Muffin Pizzas w/ Cheese, Peaches, Cucumbers, & Milk **PM Snack:** Cheese Its & Grape Juice	11 **Breakfast:** Waffles, Mandarins, & Milk **Lunch:** Pasta Salad w/ Chicken, Peppers, Broccoli, & Milk **PM Snack:** Graham Crackers, Bananas, & Water
14 **Breakfast:** Cinnamon Muffins, Bananas, & Milk **Lunch:** Fish Sticks, Fruit Cocktail, Carrots, & Milk **PM Snack:** Apples, Cheese Slices, & Water	15 **Breakfast:** Life Cereal, Bananas, & Milk **Lunch:** Top Ramen w/ Beef, Green Beans, Pears, & Milk **PM Snack:** Pub Mix & Berry Juice	16 **Breakfast:** Blueberry Muffins, Tropical Fruit, & Milk **Lunch:** Sun-Butter & Jelly w/ Bread, Cucumbers, Apples, & Milk **PM Snack:** Oatmeal Raisin Cookies & Milk	17 **Breakfast:** Cinnamon w/ Tortillas, Apricots, & Milk **Lunch:** Chicken Alfredo, Noodles, Green Beans, Apricots, & Milk **PM Snack:** Pita Chips, Hummus, & Water	18 **Breakfast:** Cherrios Cereal, Tropical Fruit, & Milk **Lunch:** Teriyaki Chicken, Rolls, Peppers, Pineapple, & Milk **PM Snack:** Apples, Sun Butter, & Water
21 **Breakfast:** Nutri-Grain Bars, Fruit Cocktail, & Milk **Lunch:** Bean Burritos w/ Tortillas, Corn, Pears, & Milk **PM Snack:** Carrots, Saltine Crackers, Ranch, & Water	22 **Breakfast:** Waffles, Peaches, & Milk **Lunch:** Meatballs w/ Bread, Salad, Apricots, & Milk **PM Snack:** Ritz Crackers, Apples, & Water	23 **Breakfast:** Cinnamon w/ Tortillas, Apples, & Milk **Lunch:** Hotdog w/ Bun, Chili, Fruit Cocktail, & Milk **PM Snack:** Vanilla Wafers, Banana Pudding, & Water	24 **Breakfast:** Blueberry Muffins, Pineapple, & Milk **Lunch:** Chicken w/Bun, French Fries, Pears, & Milk **PM Snack:** Ritz Crackers, Ham, & Water	25 **Breakfast:** Bread w/ Butter, Hash browns, & Milk **Lunch:** Tuna Fish w/ Bread, Celery, Apples, & Milk **PM Snack:** Granola, Yogurt, & Water
28 **Breakfast:** Life Cereal, Bananas, & Milk **Lunch:** Hamburgers w/bun, French Fries, Pineapple & Milk **PM Snack:** Graham Crackers & Milk	29 **Breakfast:** Cinnamon Biscuits, Tropical Fruit, & Milk **Lunch:** BBQ Chicken, Wild Rice, Peas, Oranges, & Milk **PM Snack:** Flat Bread Crisps, Hummus, & Water	30 **Breakfast:** Corn Flakes, Bananas, & Milk **Lunch:** Triscuit Crackers, Cheese Slices, Apples, Cherry Tomatoes, & Milk **PM Snack:** Jell-O w/ Pineapple, Animal Crackers, & Water		

Please highlight food he/she cannot have and return with supplements you may provide –Thanks ☺ 2015